breathe.yoga November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			3:30pm Gentle Yoga	**6:30pm Hatha Yoga**		**12:45pm PreNatal Yoga**
5	6	7	8	9	10	11
		6:30pm Hatha Yoga	**3:30pm Gentle Yoga**	**6:30pm Hatha Yoga**		
12	13	14	15	16	17	18
		6:30pm Hatha Yoga	**3:30pm Gentle Yoga**	**6:30pm Hatha Yoga**		**12:45pm PreNatal Yoga**
19	20	21	22	23	24	25
11 am Yoga at DoMA		**6:30pm Hatha Yoga**	**3:30pm Gentle Yoga**	**Happy Thanksgiving**		
26	27	28	29	30		
		6:30pm Hatha Yoga	**3:30pm Gentle Yoga**	**6:30pm Hatha Yoga**		

Gentle and Hatha Yoga classes are livestream on Zoom

Yoga at DoMA and Prenatal classes are in person