| breathe.yoga May | | | | | | |
|---|--------|----------------------|-----------------------|----------------------|--------|--------------------------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | 1 | 2 | 3 | 4 |
| | | | 3:30pm Gentle Yoga | 6:30pm Hatha Yoga | | 12:45pm Prenatal Yoga |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | | 6:30pm Hatha Yoga | 3:30pm Gentle Yoga | 6:30pm Hatha Yoga | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 11 am Yoga at DoMA | | 6:30pm Hatha Yoga | 3:30pm Gentle Yoga | 6:30pm Hatha Yoga | | 12:45pm Prenatal Yoga |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | 6:30pm Hatha Yoga | 3:30pm Gentle Yoga | 6:30pm Hatha Yoga | | |
| 28 | 27 | 28 | 29 | 30 | 31 | |
| | | 6:30pm Hatha Yoga | 3:30pm Gentle Yoga | 6:30pm Hatha Yoga | | |
| | Ge | ntle and Hatha Y | oga classes are | livestream on Zo | om | |
| Yoga at DoMA and Prenatal classes are in person | | | | | | |