

breathe.yoga April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		6:30pm Hatha Yoga	3:30pm Gentle Yoga	6:30pm Hatha Yoga		12:45pm Prenatal Yoga
7	8	9	10	11	12	13
11 am Yoga at DoMA		6:30pm Hatha Yoga	3:30pm Gentle Yoga	6:30pm Hatha Yoga		
14	15	16	17	18	19	20
21	22	23	24	25	26	27
		6:30pm Hatha Yoga	3:30pm Gentle Yoga	6:30pm Hatha Yoga		12:45pm Prenatal Yoga
28	29	30				
		6:30pm Hatha Yoga				
	<i>Gentle and Hatha Yoga classes are livestream on Zoom</i>					
	<i>Yoga at DoMA and Prenatal classes are in person</i>					